

# Slimbridge Dowsing Group Newsletter May 2021

Founded by Peter Golding. Affiliated with the British Society of Dowsers



## Transitioning to the New

Dear Members and Friends,

Where does Time go!

That was a theme on a meditation recently as many of us found that time at the moment seems to be either speeding up, or on a specific day - slowing down to a point that it feels like you have superpowers to get lots of stuff done.

It seems like yesterday writing the last Chair's report and only a few days before that the 1st Covid Lockdown had started.

Who would believe a year has already flown by? Numerous lockdowns have happened and we're facing another International Dowsing Day where we, as a collective group, can't go dowsing! But I do hope that doesn't stop you on an individual or family level trying your hand at something. Please let us know what you managed to do.

Time is an interesting subject as we're all governed by this invisible force. In the film "Lucy" they make the interesting statement that "<u>Time gives matter legitimacy</u>". So in some respects it could be one of the founding principles of our existence, yet when we dowse for say an archaeological item, we're able to move through time so to speak. In the recent talk I gave on Balance and Harmony, time is a key element we work with when geomancing the land, items in the house or say detecting when a specific trauma happened.

It is something we all live with, even if you don't wear a watch, yet it's something that is so intangible that you could be mistaken that it is there at all. It is thought something you cannot get back and put back in your pocket, but also does illustrate the power of dowsing in that you ARE able to use dowsing to go back and "See" things as they were so to speak. Maybe even the future Dowsing will have relevance to looking at Covid somehow!

In respect to looking forwards in time, we are getting to the point of contemplating meeting up as a group, especially with the various rumours circulating of social distancing being removed and unlimited gatherings starting again. So lets all put that positive intention that in the next newsletter we have a defined "Time" frame for those face to face gatherings.

Kind Regards

Paul

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#### News

We are very sad to announce the passing of Ruth Blatchford on the 31st of March. Ruth's funeral was on Wednesday 28 Apr 2021 at 11:00am. Ruth was a keen member of the archeological interest group and attended many field trips. She was always a very friendly and helpful member of the refreshments team at our meetings and her absence will be felt by many in the group.

Rob

Barry Goldring continues to improve after his suspected TIA (mini stroke). We will be sending him some healing to help with his recovery.

Rob

## **Dowsing Tips**

After dowsing it is courteous to give thanks for the gift of dowsing to your deity and the contribution of spirit helpers involved in your activities.

You may have picked up detrimental energies or entities in the process of your dowsing, so cleansing our energetic field of these is a good practice after dowsing. I personally use a very simple phrase to do this, 'please cleanse me from my dowsing' and using a dowsing rod or pendulum to show when it is done (the rod/pendulum will return to its neutral position when the cleansing is complete). Dowse 'have I been cleansed from today's dowsing activities?' to check. If you get a negative response, someone else may have to cleanse you.

After finishing dowsing, state 'I have stopped dowsing' and visualise the breaking of the energy links you set up to dowse. This will stop any continued energy drain from you trying to maintain these links after dowsing.

Rob Gerrish

### 2021 Programme

Our booking at Whitminster Village Hall for the second Saturday of the month remains in place, so as soon as we are able, we will plan to continue with these meetings.

As you can appreciate with the evolving Covid situation and the various government tests for opening up our society, it is impossible to speculate as to exactly how this will work out over time but we aim to be adaptable and evolve as necessary.

We imagine a future where we combine face to face meetings with Zoom access to allow for everyone's individual circumstances and preferences and hope that we shall be able to organise outside field trips.

Our first monthly meetings have taken place and the forum formats with both Q&A and free flow formats seemed to go down well. The monthly members meeting now starts at 7pm and is open to join at any time so you're able to come and go as you wish, to get more tea or wine!

For the online speaker talks, we have set up a waiting room to join the meeting 15 minutes before they start to help assist people with any technical issues joining the meeting and this has proven to be invaluable to those who have needed it.

For any of the ticketed talks, we will ensure that tickets will be available to be purchased after the start time, just in case you have been distracted.

For the talks that we are offering as free, do make sure you register early to avoid disappointment. We do circulate to the wider dowsing community and for January's talk we had over 80 people!

#### **May Programme**

May 11th 2021. Subtle Energy Systems: Interactions, Energy Theft and Personal Power. Lisa Cossey.



In this talk Lisa will explore what subtle energy is, how it can be given, taken and controlled, and what we can do about it. She will outline the personal/human subtle energy system, and the subtle energy systems of the land and of the cosmos. She will then show how subtle energy can be exchanged and manipulated in each of these areas. Finally, we will go on to explore how we can become aware of these subtle energy systems ourselves and how we can step into our personal power to manage them for health and wellbeing; dowsing being one of the most wonderful tools at our disposal for perceiving these subtle fields of energy consciousness.



Lisa is a healer, an intuitive guide and a registered homeopath. Her studies have included The School of Channelling, The College of Healing, The London College of Classical Homeopathy, The Guild of Homeopaths, Eagles Wing College of Contemporary Shamanism, The Barbara Brennan School of Healing, The Gene Keys and The Finders. She is currently also training as a natural dog behaviourist with the Wolf and Dog Development Centre. She lives and works in Stroud in Gloucestershire with her husband and lots of kids and animals, and sees clients for one-to-one sessions as well as doing group sessions for guidance and healing. Lisa runs the Bright Lights School

of Spiritual Training running online meditation and self-healing sessions and teaching classes in subtle energy work, spiritual development, healing and working with guidance.

Lisa very much enjoys giving presentations, and is an interesting and experienced speaker with a dynamic and fun style and a wealth of knowledge and experience to share. She loves to work with interaction from the audience so bring your curiosity and your questions.

Tickets are £3

https://www.eventbrite.co.uk/e/subtle-energy-systems-interactions-energy-theft-and-personal-power -tickets-149959130797

#### May 25th 2021 Informal Community Meeting - Via Zoom

This will be our fifth community forum and we welcome input from members on topics for discussion.

A Zoom link will be circulated closer to the day.

#### June Programme

June 8th 2021. To be advised.

#### June 29th 2021. Informal Community Meeting - Via Zoom

This will be our fifth community forum and we welcome input from members on topics for discussion.

A Zoom link will be circulated closer to the day.

## Library / Resources

The library is a key membership resource which was actively utilised at our face to face meetings. Our plans to expand it into a centralised resource for more than just books took a back seat when we were no longer able to get together.

As the Pandemic continues to prevent our meetings, we plan to find new ways to enable members to access these resources and are also looking to expand the collection to allow members to share their own libraries where they wish to.

#### Book Review by Lawrence Wadsworth.

#### Working with Earth Energies: How to tap into the healing powers of the natural world by David Furlong



Although written in 2003 this book is as relevant now as it was then, and certainly relates to our programme of talks so far this year. The author, a practising healer and spiritual teacher with over 30 years experience, teaches us how we can each establish a harmonious relationship with the earth. Written in two parts, Part 1 focuses on the many different dimensions of our world, and introduces us to Earth Consciousness and Consciousness in nature. He then explores what science understands energy to be, and how this relates to our physical being. Expanding on this the rest of Part 1 covers Sacred sites and Power centres, Earth grids, Chakras and Landscape patterning, Plants, Trees and Animals, and finally The Deva, Elemental and Angelic Realms. Part 2 of the book then looks at what

is meant by Earth energies, and tackles in depth the methods that can be adopted in the healing of disturbed places, and how in a unique way we can bring healing and balance to the planet. The book not only covers these fascinating topics, but the author also provides easy-to-follow exercises and instructions, for example on communicating with the spirits of nature, and how to balance the energy of one's home and environment.

## What's in a photo



Why dont you connect to it through the picture and see what you can feel / find. Dowsing is an excellent tool to do this.

A couple of Questions you may like to ask / Find out. But don't be limited by these questions - see what **YOU** get.

- Is there someone there?
- How old is it ?
- Its location ?
- What's nearby ?
- What else can you see?



#### Again what's in a photo

Connect again - What do you find?

- What is it ?
- Where is it ?
- What is special about it ?
- What is the number?

This is a real test of your Dowsing and we would love to know your answers.

Please bring them to our members talk on the 25th of May where we can discuss

## Membership

As a reminder to all members with paid subscriptions for 2020, your membership has been automatically extended to December 31 2021.

For anyone reading this newsletter who is not currently a member, the annual fee is only £10 so please join us in 2021 for a year in which we will learn to make the most of one of the key tenets of dowsing - "Connection".

Contact our membership secretary Anna Howard for a membership form and details of how to renew your membership/join up. We have designed new membership forms to ensure that we are fully GDPR compliant and will be asking all members to complete the new forms in due course. More on this to follow.

## **Contact Us**

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