

# Newsletter

## Slimbridge Dowsing Group

*Founded by Peter Golding*

*Affiliated with the British Society of Dowzers*

**Issue 70**

**July - September 2025**

### **Chairperson's Message**

Hopefully, our members and friends are all enjoying this time of longer days and warmth with the lovely sunny spell we've had. We are now almost at the Midsummer Solstice, nearly half the year behind us – and it has been an interesting time for us at SDG, with some memorable presentations. In March, the Bards of Avalon showed us the wonderful gifts sound can bring, both in theory and practice – we will be offering an evening of sound bathing with the Bards next Spring. In April, we had a visual treat as Peter Knight explored Landscapes of Memory. In addition, at an extra evening event, Summer Watson sparked a lot of interest in her presentation on the Knights Templar. This has led several of us into further exploration of this mysterious order.

Then, in May we had an amazing field trip to the Whiteleaved Oak, organised by our own Lawrence Wadsworth, in which we were able to make our individual mystical connection with this remarkable site. Our exploration was followed by stimulating discussions, well refreshed, at a local hostelry.

Looking ahead, we have a talk by our own Maria Zerva on June 14<sup>th</sup> on Decoding the Myths, on July 12<sup>th</sup> Lisa Fullbright-Cossey brings a talk on Working with the Ancestors, and on August 9<sup>th</sup> Jayne Tovey (more home-grown talent) hosts a Field Trip around Minchinhampton's 'Tracks and Features.' More details can be found on our website, printed newsletter or by asking any committee member.

Thank you for continuing to support us. We always aim to provide an interesting and varied programme, and welcome all suggestions, so if there is any topic you would like covered or speaker you would like to hear, please text me on 07833752173, or email [teresadellbridge@gmail.com](mailto:teresadellbridge@gmail.com)

*Solstice Blessings All, Teresa*

## July Programme

**July 12th. 10:30-12:00. Whitminster Village Hall. GL2 7NN.**

**Lisa Fullbright Cossey. Working with the Ancestors.**



This talk draws on Lisa's latest training with the Centre for Systemic Constellations. Constellation work seeks to help systems to find balance and order for the purpose of healing.

The primary system we all belong to is our family. Systemic Constellations work addresses the traumas and adverse experiences of our ancestors and how they impact upon the subsequent generations. It brings harmony to the ancestral lines and allows the blessings of the ancestors to flow down to us.

In the West we have become dangerously disconnected from our ancestors, unaware of how their lives affect us now and with no model to relate positively to and work with our ancestral inheritance.

Bert Hellinger, who developed the Systemic Constellation techniques, lived with the Zulu people for many years and developed this work to bring ancient, indigenous understanding of the ancestors to the Western mind.

In this talk Lisa will explain the work of Systemic Constellations for the family and explore how people can often be inappropriately carrying ancestral trauma which negatively affects their lives.

We will explore how the remarkable and profound process of constellations works.

Finally, she will discuss how the people who act as "representatives" during a constellation session could be said to be using the same processes that dowsers use.

## August Programme

### Saturday 9th August 2025. Minchinhampton Tracks and Features Field Trip with Jayne Tovey.



Join Jayne Tovey for an immersive exploration of the ancient landscape of Minchinhampton!

This fascinating circular walk will uncover some of the hidden gems scattered through the town and surrounding countryside—many hiding in plain sight.

You'll have the opportunity to trial and test your dowsing skills and exchange insights with fellow dowsers as we explore.

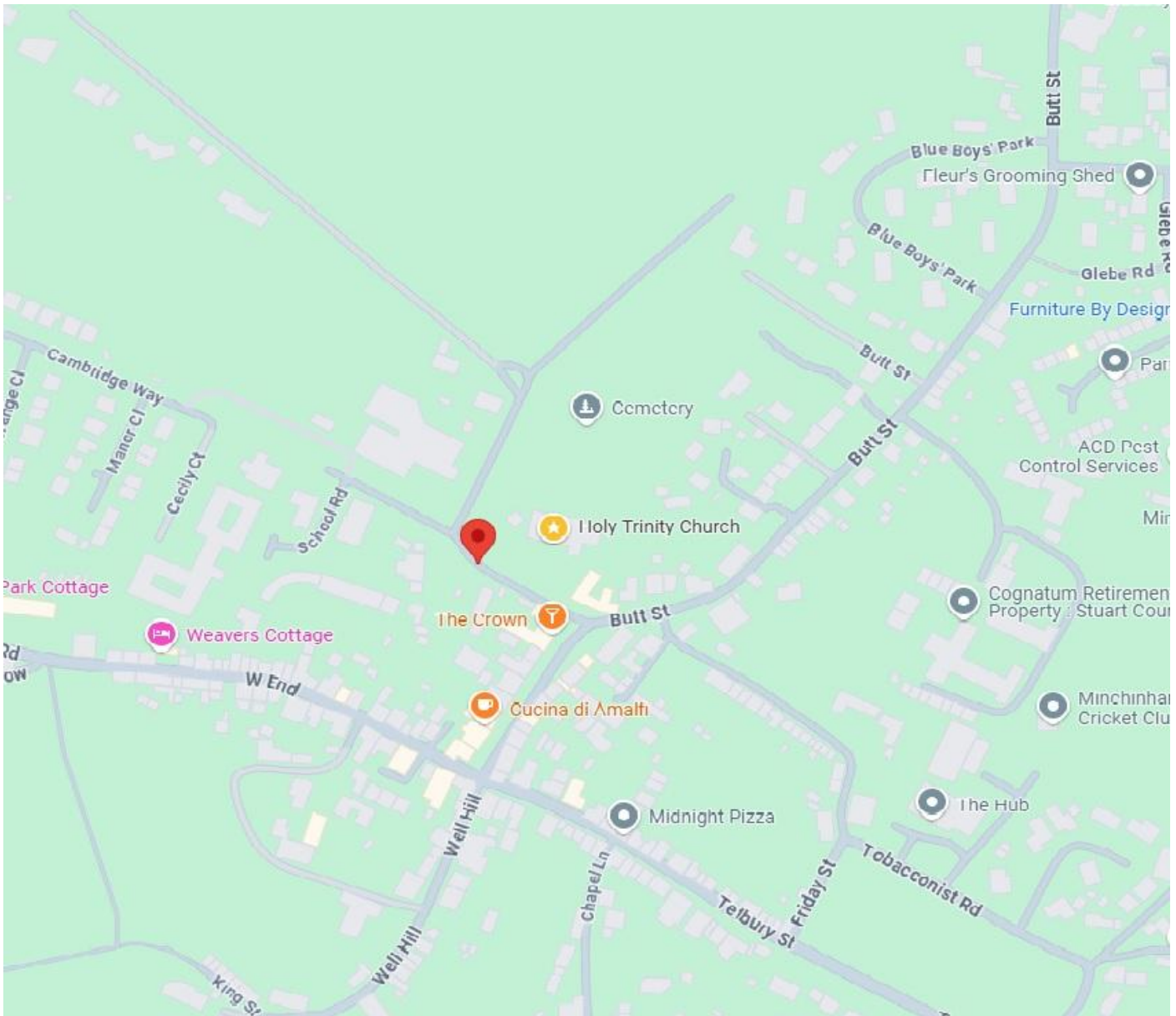
Jayne will share her intriguing story of "*Coffin Cottage*", a narrative woven from fact, hearsay, and her own detective work and research.

Along the way, she will guide us to historical features including a hidden sunken road, rare old kissing gate stiles, ancient way markers, node stones, old wells and springs, 'daddy puffs', and enclosure footpaths—many of which are aligned on leys and ideal for energy dowsing.

#### Walk Details:

- Meeting point: Holy Trinity Churchyard, Bell Lane, Minchinhampton, Stroud, GL6 9BP  
[Google Maps link](#)
- Time: Gather from 10:00 a.m. to leave promptly at 10:30 a.m.
- Parking: Drive past the church along Bell Lane, following the churchyard wall. You'll reach an area that opens onto the common with plenty of free parking. *See map\**.
- Toilets: A public loo is available opposite the church. *See map*.





### Important Info:

The walk will take us through roads, lanes, and across open fields. Sturdy walking boots or strong footwear are essential, and walking poles are recommended if you have them. We'll be away from facilities for a considerable time, so please bring a packed lunch and drinks. The duration of the walk depends on the number of stops and pace of the group, so do be prepared for a full day out.

For those not walking:

Why not relax at *The Kitchen* café, 7 High Street, Minchinhampton, GL6 9BN.

\* If you do not get our newsletter via email you can access the map via our website on the events page <https://slimbridgedowsers.group/events/>

## September Programme

**September 13th. 10:30-12:00. Whitminster Village Hall. GL2 7NN.  
Rebalancing with dowsing, flower essences and energy healing with Amy Murphy-Watts.**



Balancing our stress levels can be a constant battle. Finding the time to allow yourself to 'just be' for 10 minutes a day can be a challenge in itself.

Stress can have a very negative effect on the body and our mental health.

Amy will be showing us ways in which we can combat that with nature's energy, dowsing and essences; making us aware about the way we breathe or the words that we use and the vibration that can result from that.

She will leave you with some helpful tips on how to combat this and to become more consciously aware of where you hold stress and how to start to let that go.

Amy Murphy-Watts is the founder of Nature's Wish, a flower essence and wellbeing company. She specialises in working with energy, helping others to become more aware of their energy fields and what is damaging and beneficial to oneself.

As an advanced flower essence practitioner, she calls upon her 20 years of experience in this field, working with nature and its benefits.

She is also a Spiritual Healer, professional dowser, and does one-to-one consulting, using dowsing to detect energies and work with essences.

As an experienced speaker, Amy shares ways in which working with energy and nature enriches your life.

She offers a variety of courses, helping others to learn to balance their energies, working with nature and essences. She teaches dowsing and working with essences, empowering others to work with their intuition.

Having produced essences, wellbeing products and herbal teas for 14 years, she now distributes across the UK and worldwide.

<https://www.natureswish.co.uk/>

**September 25th. 7:30pm - 10:30pm. Special Evening Presentation.**  
**Doors open 7:00pm. Venue Slimbridge Village Hall. GL2 7DF.**

**Earth's Energies and Us. Presented by Adrian Incledon-Webber.**



It may sound a strange title but that is what we humans are, caretakers of the world and in the talk will be looking at how we, individually, or in groups can start to make a difference.

We will, through dowsing, discover and bring healing to the many energies that can affect us and the earth, whether caused by detrimental human emotion or vibrational echoes from the past.

We will also be touching on nature spirits and how, by connecting with them we can bring peace to our gardens and the countryside beyond.

The Guardian of the site, or Genus Loki also plays an important part in bringing healing to the land and your home.

This is a practical talk so do bring your rods/pendulums with you, and a notebook to jot down thoughts. We will be carrying out a healing session too.

Adrian started Dowsing Spirits some eleven years ago, he is a full time dowser/healer (geomancer), author of two 'Heal Your Home' books, described as the bibles of Geopathic Stress, and tutor of various dowsing and healing courses and workshops through the country.

He is a former Vice President of the British Society of Dowsters and past chair of their Earth Energies and Healing Groups.

Further details on his book, DVD and House Healing work are available on his website.

<https://www.dowsingspirits.co.uk/>

As this is a special one off event, the entrance fee will be £10 by ticket bookable through Eventbrite or by contacting Teresa Dellbridge if you are unable to use Eventbrite. The Eventbrite link will be available on our website closer to the day.

Teresa's contact details are by mobile 07833 752173 or email [chairperson@slimbridgedowsters.group](mailto:chairperson@slimbridgedowsters.group)

Please get your ticket early as there will be a discount for booking early.

**Meeting venues vary**, please see individual meeting information above.

**Meetings on the second Saturday of the month, unless they are a special event.**

**9:45am for 10:30am start unless otherwise stated. £5 members, £7 guests.**

## News

Our new website is now available, [www.slimbridgedowsers.group](http://www.slimbridgedowsers.group) .

A memorial to Peter Golding has been placed in Slimbridge Village Hall, it portrays a hand made of wire, holding a crystal pendulum.

## Membership

Membership fees will remain at £10 for 2025 and we hope as many of you as possible will join our dowsing community this year.

Membership forms are available from members of the committee or on the library page of the website.

## Library / Resources

NEW BOOK VERSION: We have a new version of a Peter Golding Book. It was updated especially to commemorate his passing over. It was received by a Committee Member, Lawrence, when he attended Peter's funeral service, who then kindly donated it to our Library,

LIBRARY UNAVAILABILITY. We will be unable to have the Library available in June and August, because we will not be having talks or events at Whitminster Village Hall, which is where the Library Mobile Cupboard is stored.

MAGAZINES: Please note that we have several copies of magazines that can be borrowed, on dowsing , and on esoteric subjects. Because of having started the putting out of more tables, there is more room to display them, in stacks by title.

Dave Foxton

## Slimbridge Dowsing Group Committee 2025

Chairperson	Teresa Dellbridge	07833 752173 <a href="mailto:chairperson@slimbridgedowsers.group">chairperson@slimbridgedowsers.group</a>
Vice Chairman	John Collins	07809 612367
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Treasurer	Suzanne Nickolay	
Librarian	David Foxton	
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Social Media	Shaun Beasmore	
Catering Officers	Position available	
Press Officer	Jan Ayers	
Advisory roles	Lawrence Wadsworth	